Weekly Schedule

Sierra Recovery

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:00-09:00	Breakfast						
09:15-10:00	Planing						
10:30-11:30	Group Session (Process)					Holistic	Excursion
12:00-13:00	Group Session					Holistic	Excursion
13:15-14:15	Lunch						Excursion
14:30-15:30	Group Session					Holistic	Excursion
16:00-18:00	Group Activity					Holistic	Excursion
18:30-19:30	Dinner						
20:00-20:30	Day Closing						

Cortijo Ferradores 00016, 29200 Humilladero, España
+44 1202 653136
info@sierrarecoveryspain.com
sierrarecoveryspain.com